

BERRY TO KANGAROO VALLEY OVER BERRY MOUNTAIN

Start Point:	Apex Park Berry
Map Ref:	Nowra ND D10
Ride Finishes :	Moss Vale Rd, Kangaroo Valley Village
Map Ref:	Nowra ND D3
Total Distance:	20 kms
Degree of Difficulty:	Medium Hard
Bike Recommended:	Road
Cautions:	Steep down the mountain, blind corners, traffic
Allow:	Three hours

To enjoy the ride described below, you must be a very fit and experienced cyclist. It features eight kms of climbing, four kms of which are very steep and difficult. The reward for those who attempt it are magnificent views over the plains and the valleys, and fast five km downhill run after all the climbing. It is certainly easier to get a lift to Bellawongarah, or Cambewarra Mountain Lookout, and cycle down in any direction.



kms

- 0.0 Leave Apex Park cycling to the west on Prince Alfred St.
- 0.2 Turn **LEFT** at T-junction [NORTH ST].
- 1.5 Turn **RIGHT** T-junction [KANGAROO VALLEY RD] [TOURIST ROUTE 7].
- 2.0 Very steep climb starts – bitumen narrows. Excellent views over Berry and east over the plains to the sea, particularly from the apex of some of the hairpin bends.
- 6.0 Very steep climbing ends, but continue to climb through farmland and rainforest.
- 7.4 **Bellawongarah** – houses, farms, tourist accommodation.
- *8.2 Straight through on [KANGAROO VALLEY RD, ROUTE 7]. Turnoff on left (Tourist Rd) goes to Cambewarra Mountain Lookout (8 kms).
- 9.8 Top of climb – start down.
- 11.8 Very steep down starts – **caution:** narrow, blind corners, some traffic.
- 17.1 [STOP SIGN] – T-junction turn **RIGHT** [MOSS VALE RD, KANGAROO VALLEY, TOURIST ROUTE 8].

- 19.5 **Kangaroo Valley.** Showground on right – shelter, toilets, water, showers.
- 19.9 Shops, hotel. End of ride.

Public Toilets: Apex Park Berry, Kangaroo Valley.

Shops/facilities/water: Berry, Kangaroo Valley.

Bike Shops, emergency spares: Closest at Bomaderry – see details p.6

Variations on this route/alternative activities:

- *1. Turn left here and ride to Cambewarra Mountain Lookout (another very steep climb!). Panoramic views to coast over Bomaderry, Coolangatta, Shoalhaven River. Return to Berry (total riding 33 kms) OR go onto Kangaroo Valley or Bomaderry on Moss Vale Rd. Everywhere is downhill from the lookout.
- 2. Explore the many tourist attractions of Kangaroo Valley, stay overnight (total range of accommodation available), cycle the Upper Kangaroo River (**Ride A4**). Return to Berry the next day over Mt Scanzi via Nowra. (**Ride A5**, part of **Ride A2**).

